Intensive Crisis Stabilization Services (ICSS)



hopeandhelpbeginhere

A youth, up to age 21, with feelings of fear, depression, anxiety, anger, thoughts of self-harm, suicide, or harming others needs help. Call our 24-Hour Crisis Line (800) 284-8288. ICSS can respond to your home, school or other community location Monday through Friday 10 AM to 7 PM.



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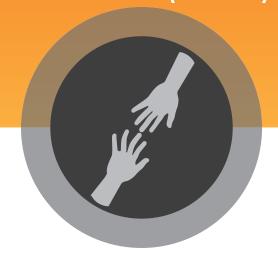
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A youth with feelings of fear, depression, anxiety, anger, thoughts of self-harm, suicide, or harming others is nothing to be ashamed of. If a youth, up to age 21, is experiencing a behavioral, emotional, or psychiatric crisis the Intensive Crisis Stabilization Services (ICSS) team can respond to your home, school or another community location — regardless of insurance.

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ICSS Steps

- 1. You call the Crisis Line at (800) 284-8288 and request ICSS
- 2. A team responds to your home, school or other community location
- 3. ICSS provides crisis intervention services
- 4. ICSS develops a safety plan and prepares you for your next appointment
- 5. After the crisis, ICSS follows up, as needed

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ICSS Services

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- De-escalation of the crisis
- Crisis and safety planning
- Intensive individual counseling
- Family therapy

Assessments

- Coping skills
- Problem solving skills
- Mental health education
- Referrals to other community resources

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